What’s Been Accomplished as of 2019?

Under SAMHSA’s leadership, the national network of CCBHCs has expanded services to improve quality and access to care for patients with behavioral health conditions. The CCBHC initiative, launched in May 2018, was designed to reduce a wide range of physical, mental, and behavioral health services. By the end of 2019, 14 states and the District of Columbia had implemented CCBHCs, with an overall number of 228 programs served.

The National Council for Behavioral Health completed a survey to obtain early results. This study includes findings from 81% of CCBHCs that have been operational for more than a year.

Preventable hospitalizations are a major cost-driver in the medical system. CCBHCs can help reduce these costs through care coordination and partnerships with other providers and clients. In early 2017, 8 states started new integrated care programs to address the needs of vulnerable populations that previously had no primary care and frequently used crisis services. They built a team comprised of qualified mental health professionals, caseworkers, nurses, and peer specialists to support emergency room staff.

In New Jersey, CCBHC funding led to better services for people with psychiatric and substance use disorders who had no primary care and frequently used crisis services. Clients were able to respond to treatment. The National Council completed a survey to obtain early results.

It is believed that 70% of access to care is needed for people with psychiatric and substance use disorders to transition to their primary care. This requires integrated health professionals, inpatient detoxification, intensive outpatient clinics, trauma centers, residential treatment centers, recovery housing, treatment clinics, community centers, schools, peer recovery, coaching, care coordination, and increased the number of same-day services.

Adding to the evidence base, 100% of CCBHCs provide integrated mental health and substance use care, supported through care coordination and partnerships with other providers and clients. Three out of four clients with addictions did not have services available to them. In early 2017, 8 states started new integrated care programs to address the needs of vulnerable populations that previously had no primary care and frequently used crisis services.

Integrated Care

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Reducing Hospitalizations

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Brought To You By:

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Integrated Care

Top 3 expanded services as a result of the CCBHC program (% of clinics)

1. Medication assistance 100%
2. Median wait times: 21 days 87%
3. Inpatient detoxification 81%

Top 5 expanded services as a result of the CCBHC program (% of clinics)

1. Inpatient detoxification 100%
2. Medication assistance 90%
3. Residential treatment 87%
4. Intensive outpatient clinics 87%
5. Outpatient treatment clinics 78%

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